

## **How to Untrain Your Dragon**

by ChampTehOtter ([ChampTehOtter.com](http://ChampTehOtter.com))

**Subject:** Listener

**Diagnosis:** Trans-Species Infantilism

**Recommended Treatment:** Affirmative Treatment

**Method:** Hypnosis Under Heavy Sedation

**Length of Treatment:** Long Term/Permanent

**Post Hypnotic Suggestions:** Bedwetting, Littlespace, Dragonspace/Sonospace

### **Summary**

A file that can get you into that fuzzy dragon headspace you know so well. You have been transformed into a little dragon and it's time for you to hibernate for the first time. Your otter friend Champ is visiting your den to help you get ready. Since you'll be hibernating for so long, you'll definitely need to wear your diapers again, and Champ is going to help.

### **Intro & Preparation**

Hello, there. It's me, Champ! I heard that you are a very little dragon who could use some very special training to relax and get rid of that pesky potty training. Is that true? I thought so. Well, you're in luck because that is just what we are going to do today.

This special session is just for you. It has no awakener, so you will have the option to continue listening to audios after this file is done. If you want a longer listening session, be sure to organize your playlist before continuing with this file. Or you can take a nice little dragon nap until you're ready to wake up and go about your day.

Let's get out our checklist before we begin. You will need to have a full bladder, insert a butt plug, put on a diaper, and have a paci nearby. You should also have plenty of water or tea to drink, and you can finish that drink any time between now and the end of the induction. If it's a warm drink, you should get an adult to make sure it's not too hot for you. Are you ready to be hypnotized? Good.

### **Induction - Tea Time**

And now, I would like you to get comfortable... get settled... and relax... you can be sitting... or lying down... you can have your eyes open or closed... your drink is nearby so

you know you can reach it... and you can take a nice long sip whenever you want to... and you might feel your mouth beginning to get dry... making you want to drink... that tends to happen as you enter a state of hypnosis... and you can take a drink when that happens... that's right... take a nice long drink.

Right now... I'd like you to imagine... that you are in your home... on a day of rest... you have nothing that you have to do... and today, you're excited because you know your friend Champ is coming over to help you relax and go into little space... he should be here any minute now... and as you wait for him to come, you can imagine all the times you've gone down... down... down... into a deep, deep sleep... with your friend Champ talking into your ear... talking you down into a nice deep sleep. Allowing yourself to start to enter trance as you recall just how it feels to go down into the state of hypnosis...

Suddenly, you hear a knock on the door [knock, knock, knock]... and when you open the door [creak] you see me, Champ. Hello! It's so good to see you. We step inside, and you notice that I'm carrying a bag. What's in the bag? Oh, this is just something to help you relax so you can get into little space. Why don't we go into the kitchen and I can show you what it is? [walking]

Hey, by the way, you look thirsty. Have you been drinking enough water today? A lot of little ones don't remember to hydrate, but you do, don't you? Yes, you're doing a great job of hydrating...

Here we are... in the kitchen.... Now I can show you what I have! It's something very special that will help you relax and get into little space... [cloth bag, plastic crinkle] Ah, here we go... Do you know what this is? This is Dragon Well tea. Have you heard of it before? Tea can be very relaxing. All that warm water... trickling down your throat... filling up your little belly... warming your body... going down... down... down... that warmth spreading... Sounds nice, doesn't it? Let's prepare you some, little one...

You know how to make tea, don't you, little one? Let's do it together...

First, we measure the tea... about 5 grams should be enough for one cup...

Then, we put water in the kettle...

We boil the water...

It'll take a few minutes to boil... while we wait, why don't you make sure you're nice and hydrated... you can have a sip of whatever you're drinking now. Ah, that's better. You know, sometimes when we're feeling nice and relaxed, it's nice to just close our eyes... and let our minds wander... Do you ever wonder why some people find it so easy to let

their minds wander while others are just so good at staying focused on someone's voice? I suppose it doesn't really matter... because either way, your brain can absorb information that you hear... whether you are conscious of it or not... sometimes, you can even find yourself thinking or doing things that you didn't even realize you decided to do... like taking a sip of water... wetting your diaper... or getting very, very little.... Has that ever happened to you, little one?

[boil] Oh, that'll be the hot water. Alrightly. First, we give the tea a little rinse... and pour that out [pour] and then we do the first steep [pour]... just a minute or two...

Are you ready to relax and get little? I'll bet you can't wait... You know, you really don't have to wait to be little... you can be little any time... but I'm sure it helps to just relax and listen as we wait for the tea to steep...

You know, when I was little, I had a game called the Legend of Zelda: A Link to the Past for the Super Nintendo. Do you know that game? Well, in that game, there was the light world and the golden realm... and in the golden realm, you would turn into your true form... a form that would represent your true inner nature... the main character, Link, would turn into an adorable little pink bunny When he went into the golden realm... What would it be like if you turned into your true form? I wonder what you would turn into? I think I'd be an otter because otters are fun, energetic, mischievous, and a little silly... Now what would a silly little noodle, like you be? ...Oops, I think the Dragon Well tea has steeped long enough. Don't want to make it too strong... or do we? Just a little joke. Here, let me pour you a cup, little one. [pour] Don't forget to knock on the table to say thank you. [knock, knock, knock]

Go ahead and have a drink... Now you must promise to finish it all, okay? Can you be a good little one and do that? Very good... you're so good at obeying... so good at listening... such a special little one... [water trickling noises, light relaxing music gradually increases in volume]

Be careful, little one, it's hot. Don't burn your little mouth, you silly noodle... if it's too hot you can go slowly... just letting that warm tea trickle down your throat... feeling that warmth spreading down, down, down, into your tummy... into your body... and further as you continue to drink... drink up all that tea... that warm trickle going down, down, down... so nice... so warm... so comfy...

And you know you're in a nice comfy diaper, diaper boy... and you know that whatever happens in that diaper, it will keep you nice, safe, protected... and it'll hold any happy little accidents that may occur... because you know you have lots of accidents, little guy... that's why you need your *diapers*... because you're padded like a good little one...

And it's the perfect time to relax. I'll bet you're already feeling really sleepy, aren't you? Maybe even a little bit sleepy. That sometimes happens when we get little, releasing all our tension. We get a little sleepy. But don't go to sleep yet. Go ahead and finish up all your tea first... good little one... finishing the whole cup... all the way.... Such a good obedient little crinklebutt...

[sleepy... dizzy... light headed... woozy... little... silly...]

When you're all done, we put in your paci... can you do that little one? Good... And as I boop you on the pacifier, you can already begin to feel very sleepy... very soothed... and even a little dopey as the tea works its way through your system, going down down down... good boy. I take the cup from your hand and make sure you are in a comfortable position as you begin to drop into trance... Is somebody feeling a little silly? A little... tiny? Look at you, you silly noodle... too little to even sit up... [Your head starts spinning... you're feeling so dizzy... so light headed... your vision begins to swim... even the sound of my voice is changing...][And as you drink up your tea... you may begin to realize... that you are feeling...]

Whatever is happening... it's happening fast... like the drop of a roller coaster when you drop down... down... down... stomach flipping... head dizzy... your vision beginning to blur a bit as you get the sense... that the room and your body are changing... looking and feeling different... fuzzier... And as you look around, the room swirls and fades, feeling further and further away... and your body... elongated... small... like a silly little wiggle tube... And as you look around, you see... that I am an otter... and you, little one... you are a little bitty dragon... What a baby... what a silly little baby you are... [You're such a good, obedient little dragon in your cozy comfy cave... allowing that sedative effect to grow... melting away your conscious mind.... So cozy... so comfy... Allowing me to talk directly to your subconscious mind... so you can accept all the suggestions that your little otter friend makes... that's a good little noodle...]

Hello little one... can you hear me in there? I can just see you're feeling a lot of things right now. Just know that you are safe and protected... The special tea I gave you just had a... special little additive to turn off your brain... say bye bye to your critical faculties... That's right, little draggy, I've drugged you. You're a drugged little draggy. And you're so trusting and obedient, you just let me do it, you silly noodle... but it's what you needed... just trust me... trust that I know what's best... just give up and give in as you feel the effects take place... Very good, little one...

Feeling so, so high as you go deeper into trance...

[Until you feel so warm and funny... you can just start drifting off... drifting into that wonderful space... softly flowing down, down down into a nice deep sleep...]

And when the spinning stops... you can see... that you're back in the cave with the otter, and it seems perfectly natural and normal that a dragon like you might be affected by dragon well tea. You've always been a dragon, and certainly any recollection of ever being human was just a fleeting dream at most, wasn't it?

And as you look around you can see that we are in your cozy cave... Yes... that's right... a nice cozy comfy little cave... perfect for hibernating in... that's right, sweetheart. It's almost time for your first hibernation. How does that make you feel? Otters don't hibernate like dragons, but I know all about it. I can help you get ready, little noodle.

Every year, good little dragons hibernate. They stay nice and rested in their caves... dreaming their little dragon dreams... without needing to wake up for anything... even to use the potty... and you won't need to use the potty because you're going to be all nice and protected with a nice thick diaper as you go into a deep, deep sleep... and you'll be all trained up to use the diaper in your deep, deep sleep. It's going to be so easy to relax and use your diaper when we've got you all ready... so that you can just rest without any disturbances...

[And you're going to listen to my words and follow along... you're entering into a nice deep trance... allowing your eyes to relax as you suck on the pacifier, sending you into an even deeper trance... and I can press on the button of your pacifier and double that relaxation, send you twice as deep into that trance, eyes closed now, nice deep sleep... Going down into deep little space to the age of five, or even younger... so little... so cute... so submissive... good little one...]

### **Diaper pep talk**

Here you are... in a nice deep trance... and there isn't much you have to do at all, little one... you're in your little dragon bed now... more of a crib, really... with all your plushies all around you... how did you get here? A little bit of time has passed, and you've been so out of it, little guy... you don't even remember me carrying you into the room. Do you? You've been so out of it, little guy. You didn't even feel me carrying you, did you? You've been so out of it, haven't you? Your diaper might already be a little wet... Can you even tell?

It's okay if you can't. The important thing is that you need to learn how to wet while you sleep so you can hibernate nice and sound. That's right, we're going to untrain you, little guy. You can't be woken up from your deep, deep slumber for something as mundane as that. You're going to forget allll about paying attention to needing to go to the bathroom

and just let go... yes... just let go whenever you feel the slightest urge.. And you can notice right now if you do feel any pressure whatsoever in that tiny baby bladder of yours... You can forget all about whether or not you need to go and just relax. Allow your subconscious to take over... allow your diaper to do all the work of holding that pee. Your mind can allow that feeling to pass right by as you release into your diaper. [Deep, deep sleep][Feel that pressure in your bladder. Feel that pressure, there you go. Feel that release. There you go.]

It's time to wet your diaper, little one... you can get into your pee position if that helps... there we go... Now go ahead and wet your diaper... relax and wet... That's a good little noodle... Relax... wet your diaper... release all the pee... release all that pee so you're ready to sleep nice and sound... such a good little noodle... you're doing so good...

For the rest of the day... when your bladder decides it's time to go, you instinctively get into any position that is comfortable and your bladder pushes your mind far away as you release....

## Orgasm

Hmm, you're doing a great job of wetting your diapers, but there's still something you're holding onto, I think. There's one final step in your untraining to make sure your little body is completely ready for a long deep hibernation. You need to make stickies in your diapers. Then you can relax completely and you won't have any pesky erections to interrupt your nice deep sleep. We can make it part of your training about giving up your potty training and learning to use your diapers. Let's just give these diapers a little feel. Oh, what's this? I can tell the good little dragon is already wearing a plug, isn't he? I bet that will help the little dragon make stickies, won't it? I bet it feels really good in there, doesn't it?

It's time for you to start rubbing your diaper... and grinding your plug... as I count down from 60... And you may notice that the drugs are making your diaper... and your plug... feel extra good as you rub and grind against them... so good... and so strong... that it's almost as good as an orgasm all on its own... Feels so good...

[Very good little one... keep going, that's it... rubbing those thick crinkly soggy diapers... you're just a sleepy little dragon... such a cute little noodle in his cute little cave...

Such a good little draggy, releasing all that tension. Enjoying rubbing your diapers, being such a good little dragon. You're gonna hibernate so good after you make stickies in your diapers like a good little one. Yeah, you can do it. Come on, little guy, keep it up. You know that you can only make stickies in your diapers. I'll bet you can't even make stickies outside of your diapers, can you? No. You know you need your diapers to make

stickies and you know that when you do that, you can relax and have a good night's sleep. Yes, it's probably part of your daily routine to make stickies in your diapers before you sleep. And this time it's just so you can get nice and relaxed for a nice long sleep. And it helps to be in a soggy diaper, I bet that helps make it feel even better knowing how good that feels and knowing that you're being a good little dragon. That's right. Such a good little dragon when you make stickies in your diapers, and when you make piddles in your diapers, and when you use your diapers in any way.

Yeah, that means you're doing a good job, doing what you're supposed to. Such a good dragon. You don't need potty training, no. You don't need to hold it in, no. We're untraining you. Taking away all that pesky training. It's a hindrance. It's not necessary. It doesn't help. You can let it go. Let it go all into your dragon. Good little dragon. Good little one. Aww. So cute. You have no idea how cute you are. You're just so adorable, look at you. And this is how you belong. Yes, just like this, little guy. And this is how you should make stickies, this is what you should wear.

Yeah, there you go, you can do it. You can do it, little guy. Just a little bit further, you can do it, yeah. Make stickies. Make little stickies for me. There you go, make stickies. Such a good little boy. Such a good little dragon.]

And as you feel your orgasm approaching... i want you to push... push out that plug... so that it comes out just as you make stickies... there we go... push a little harder... into your diapers like a good little dragon... such a cute little noodle... there you go... keep going...

Cum now... and uncontrollably push with all of your might until the plug is out and your stickies stop.

### **Deepener - Dragon Dreams**

Very good, I'll bet you feel so much better... And now it's time to nestle you in among all your little dragon plushies and other little friends to snuggle with... as you slip into a nice dragon sleep...

Now that the plug is out, you're ready to release everything into your diaper... and you'll just keep doing that like a good little dragon.

You've passed the test. You've practiced using your diapers, so now you can relax, snuggle your plushies, and wet one more time if you need to. One more time to reinforce your untraining and make sure you're completely ready to drift away... Get into the pee position if it will help, or you can relax and pee where you are... go ahead and wet... go ahead and wet that diaper... get it nice and wet so you can have a nice... deep... sleep...

[You can forget all about whether or not you need to go and just relax. Allow your subconscious to take over... allow your diaper to do all the work of holding that pee... Your mind can allow that feeling to pass right by as you release into your diaper. Feel that pressure in your bladder releasing as you wet... Deep, deep sleep...]

For the rest of the day, you're going to be a good little baby dragon... being so snuggly... and wetting your diapers as soon as you feel the urge... nice and relaxed...

**End**

And now, it's time for me to go. And you can continue to hibernate and remain in trance. And you can listen to any additional dreams that you've put in your playlist... or you can wake up and go about the day in a baby dragon headspace... enjoying all the effects of my words as you happily wet your diaper whenever you feel the urge to do so... It's up to you... Either way, you can feel satisfied and rested when you do return to the waking world, feeling refreshed and alert, and very proud that you did such a good job hibernating. Goodbye now.